

## Food Pantries

Church of the Ascension: 301-737-2870

Open Mon. – Thurs. 9 a.m. –11:45 a.m. Located on Great Mills Rd. Assisting Lexington Park vicinity.

Immaculate Heart of Mary Church: 301-863-8193

Rt. 235, North of Exploration Park Dr. Open Mon., Wed. & Fri., 9 a.m. – 12 p.m.

Lexington Park Baptist Church: 301-862-2552

Shangri La Drive, Lex. Park. Open Wed. 1-3:30 p.m.. Provides assistance once a month per family.

Trinity Lutheran Church: 301-863-9512

Shangri La Drive, Lex. Park. Open Tues. 6–7:30 p.m., every other Tues. during the summer months.

Zion United Methodist Church: 301-863-5161

Located south on 235. Open Thurs. 6-7p.m.

St. Cecilia's Catholic Church: 301-862-4600

Assisting those south of Lexington Park.

Good Samaritan Church: 301-863-4740

Great Mills Road Open Wed. & Fri. 10-11:30 a.m.

First Saints Church: 301-475-7200

Open Tues. & Thurs., 11 a.m.-12:30 p.m. Next to St. Mary's Hospital.

St. Mark's UAME: 301-994-2090

Located on Happyland Road in Valley Lee. Open Mondays 12 p.m.—2:30 p.m.

Helping Hands: 301-247-2785

Located on Old Village Road in Mechanicsville. Open Monday, Wed. & Friday, 10 a.m. - 1 p.m.

Mt. Zion UM Church 301-884-4132

Located on Route 235 in Mechanicsville  
Open 1st & 3rd Friday 8 a.m. - 11a.m.

## Soup Kitchens

St. Mary's Caring: 301-863-5700

Open for breakfast and lunch. Closed on Sunday. Located at Langley Road in Great Mills.

Loaves and Fishes: 301-475-7200

Open Tues. & Thurs., 11 a.m.-12:30 p.m. Located at First Saints Church next to St. Mary's Hospital.

*“The Lord is my strength  
and shield. I trust Him  
with all my heart.  
He helps me, and my  
heart is filled with joy.”  
~ Psalm 28:7*

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Lexington Park United Methodist Church

Worship Schedule  
8:00 am: Traditional Worship  
9:30 am: Contemporary Worship  
11:00 am: Traditional Worship  
Nursery for young children available during  
9:30 & 11am worship

21760 Great Mills Road  
Lexington Park, MD 20653  
301-863-8500

Updated 11/8/18



# Local Community Assistance

Information about various  
organizations in St. Mary's  
County that assist those in need



## Financial Assistance

Department of Social Services 240-895-7000

Lexington Park and Leonardtown

Hope: 301-737-2870

Located at the Church of the Ascension.  
Open Monday–Thursday 9 a.m. –11:45 a.m.

St. Vincent De Paul -

Immaculate Heart of Mary Church: 301-863-8193

Rt. 235, North of Exploration Drive.  
Open Monday, Wed. & Friday, 8:30a.m. – 12 p.m.  
Appointments Only.

St. Vincent De Paul - St. Aloysius Church:

301-475-8064 Located in Leonardtown

St. Johns Church Charitable Society:

240-577-5596 Located in Hollywood

St. Vincent De Paul -

Immaculate Conception Church: 301-884-3123

Located in Mechanicsville

First District Catholic Aid Society: 240-925-9354

St. Peter's, St. Michael's & St. Cecilia's Churches

Southern MD Tri-County Community Action:

301-475-5574 ext. 32 Assistance with utilities.

St. Mary's Housing Authority: 301-866-6590

Assistance with rent.

Navy/Marine Corps Relief Society: 301-342-4739

Patuxent River Naval Air Station Bldg. 401. Open  
8 a.m.- 2 pm. Monday - Thursday. Assistance for  
active duty & retired military, family members and  
survivors. After hours emergencies 301-342-1097.

Lifestyles of Maryland: 240-237-8236

Financial assistance by appointment only.

Salvation Army: 301-609-9900 (Lifestyles)

Assists with utilities, rent/mortgage, food pantry,  
and prescriptions. Mon. - Fri. 8:30am - 4:30pm.  
Appointments Only.

## Miscellaneous

Dept. of Aging & Human Services: 301-475-4200  
Provides a wide variety of programs and services to the county's senior residents, as well as other segments of the population in need.

Meals on Wheels: 301-475-4200 x1050

Delivered meals for homebound seniors 60 years or older (no cost).

Schedule for AA Meetings: 800-492-0209

Care Net Pregnancy Center: 301-737-4604

Pregnancy testing, counseling, & maternity needs. Rt.235 about ½ mile south of the main gate. Mon. & Wed., 9 a.m.– 8 p.m.; Tue. & Thurs., 9 a.m. – 5 p.m.

WIC: 301-737-5562

Provides food assistance to “Women, Infants, and Children”. Must call for appointment.

Family ACCESS Center: 301-866-5332

Various programs & services available for children. Located at the Jarboe Center on Lexwood Drive, Lexington Park.

Adult Education & ESL: 240-725-5473

Beacon of Hope: 301-997-1300

Recovery & wellness-focused fellowship groups for anyone in, coming out of, or considering treatment, or seeking to maintain recovery. Hours of operation for Recovery Support are: Monday 11-am-7pm, Tues., 11am-8pm, Friday 11am - 9:30pm, Sat-Sun. 10am– 6pm

The Mission: 240-237-8165

Services, for those in need, include showers, food pantry & computers. Located on the south end of Great Mills Road, across from Great Mills pool.

## Clothing

LPUMC Clothes Closet:301-863-8500

Free clothes for anyone in need. Referrals welcome for individuals in crisis. Located in Lexington Park United Methodist Church. Open Wednesday's 10am-12pm.

## Persons with Disabilities

Resource Coordination Program: 301-475-6713

Assistance with utilities, rent and special needs for persons with a developmental disability.

So. MD Ctr. for Independent Living: 301-884-4498

Offers various types of assistance for individuals with disabilities.

On Our Own: 301-997-1066

Provides information, outreach, peer support & educational resources to individuals & groups who are disadvantaged by reason of mental illness or injury. Open 10-5. Located in Leonardtown.

## Advocacy and Mediation

Community Mediation of St. Mary's 301-475-9118

Transforming conflict into conversation, by appointments.

Center for Family Advocacy: 301-373-4141

Advice and legal assistance for women experiencing domestic violence or other problems.

## Homeless Shelters

\*Please contact Dept. of Social Services, for a referral  
240-895-7000

Three Oaks Center: 301-863-9535

Emergency Shelter for women with children; Permanent Supportive Housing for persons with disabilities; Rapid Rehousing; Supportive Services for Veteran families. Located on Lei Drive in Lexington Park.

Angels Watch: 301-274-0683

Homeless shelter for women and children.

WARM: Shelter for men & women Nov.-March:

Location at various local churches. Please contact Social Services for intake into the program at: 240-895-7000

## Mental Health

SoMD Community Network: 301-475-9315

Assists individuals with mental illness locate services such as accessing transportation, medical services, benefits; find housing & employment; etc...

Trico Corporation: 301-862-4961

Counseling help available to anyone. A sliding scale fee based on income is used for payment.

Walden: 301-997-1300 or 301-863-6661 (hotline)

Counseling for teens, youth, people with substance abuse, and victims of domestic violence.

Pathways: 301-373-3065

Provides comprehensive treatment, rehabilitative & vocational services, as well as affordable housing to older teens and adults enrolled in the program.

QCI Behavior Health: 301-636-6504

Located in White Plains

Center For Children: 301-475-8860

Mental health services for children & their families.

Vesta: 301-863-4543

Comprehensive services for adults, children and adolescents with a wide range of psychological difficulties.

Bowes & Associates: 301-904-3757

Psychotherapy provided for families, individuals, couples, and groups. Located in Lexington Park.

## Transportation

Chesapeake Cab: 301-863-1151

St. Mary's Transit: 301-863-8400

Senior Rides Program: 301-475-4200 Ext.\*1066

No wheelchairs. Must be 60 and older, live in St. Mary's County. Call for requirements, always looking for volunteers.

## Medical Needs

Lexington Park UM Church: 301-863-8500

Prescription medication co-pay assistance.

Anchor: 301-290-0270

Rehabilitative intake services for people with addictions.

Health Department: 301-475-4330

Medical Transportation: 301-475-4296

Office on Aging: 301-475-4444

Health Connections : 301-475-6019

Call to make appt.; \$15.00 fee

AccessHealth

Provides clinical care and care coordination/case management to certain individuals. Available to all St. Mary's County residents. Please call at 240-237-8296 for more information.

## Employment

Jobs Source Office: 301-844-6404

Open Mon. – Fri. 8:30 a.m.– 4:00 p.m. Located on Shangri-La Drive in Lexington Park..

## Emergency Contacts

Adult/Child Protective Services: 240-895-7016

Weekdays 8 a.m.– 5 p.m. After 5 p.m. & weekends call 301-475-8016.

DSS After Hours Hotline: 301-475-8016

Medical or Psychiatric Emergency: Call 911

Sheriff's Office: 301-475-8008

Walden 24 hour Hotline: 301-863-6661

## Veteran Supportive Services

Veterans Resource Center: 301-863-9535 ext. 103

Provides Veterans and their families assistance with finding and keeping employment, to include resume writing, interview techniques, and skill classes; counseling; online application - such as benefits, medical, VA forms, etc.